

To say we've been through a 'challenging times' would be the understatement of the



Dr. John Whitsitt

year. The good news is, we're on our way back. While things aren't over yet, they are certainly better. Our office is up and

running — with a few changes, which we've outlined in detail on pages 2-3 in this newsletter.

We are so happy to be back serving you and our other valued patients. Based on all the positive feedback we are hearing — I think everybody is ready to get back to a more 'normal' life.

On behalf of my entire staff, I want to thank you for your patience and understanding as we roll out our new office procedures. And while we'd like to give you a big hug — we can't do that for a while. Just know we are happy to see you and your family again.

With that in mind... don't be surprised if one day your grandchild asks you, "Grandma, what is a commute?" Then you can explain what life was like **before** the big virus of 2020.

— Dr. John Whitsitt

## Let's Take A Look At The Coronavirus From The 'Positive Side'

As you know, we like to keep things on the **positive side** in our newsletter. Even with this crazy coronavirus we like to focus on the positives that have come from it. So, let's think of a few good things that have happened...

... Tens of thousands of lives will be saved because air pollution got better. All of our cars got parked the last couple of months.

... Working from home will likely become a new way of life for millions of workers, even after the pandemic is gone.

... Millions of hardworking healthcare workers are finally getting the recognition they deserve. Thousands of healthcare pro's have put their health on the line so they can help others. We are glad they are finally getting noticed.

... Having been locked up inside our homes for almost two months, we have greater appreciation for the little things in life... like having our friends and family around... and going out to dinner.

... Many of us have become closer to each other in spite of the social distancing.

... The coronavirus will make dealing with future viruses much easier. We will be better prepared the next time something like this happens.

... Wildlife all over the world has been given an opportunity to live in peace for a while. No tourists watching their every move.

... We all saved a little money by not going to restaurants, concerts, movies and sporting events.

... Many of us learned how to cook better.

... Our nests got cleaner. We were able to get rid of a lot of clutter in our homes.

... All of us were given a chance to 'rethink' where we are in life. Extra time to reflect on what's **really** important to us. Opportunities to rechunk our focus so we can all enjoy maximum happiness.

# YES. We Are Open — With New Office Procedures (Until The Virus Is Over.) Please Read This Article Before Your Next Appointment With Us.



The coronavirus has changed our daily lives. Our office is no exception. It is going to be the 'new' normal for a while. As a result, we are taking measures to keep you safe. We have implemented procedures that exceed what the ADA, (*American Dental Association*) has recommended. We thought, there's no better way to share these changes than with our monthly newsletter. Here are the changes:

## **Appointments and Procedures**

We will be seeing fewer patients ever day. This will ensure your safety by preventing you from being in contact with other patients.

## **Lobby Guidelines Have Changed**

Only one person at a time will be allowed in our lobby prior to your appointment. Please let us know if you have a medical disability and we will make advance arrangements for you.

## **Nobody Will Be Allow To Wait For You In The Lobby**

If someone brings you to your appointment, THEY WILL NOT BE ALLOWED TO WAIT IN THE LOBBY FOR YOU. If someone accompanies you, they will be asked to wait in the car until your appointment is over. We apologize for this inconvenience.

## **No Refreshments Will Be Served In The Lobby**

We have removed the coffee serving station from the lobby until further notice. We are happy to provide coffee or water upon request.



## **Reception Window**

Linda will greet you at the reception window when you arrive. The glass window will remain closed. She will sign you in.

## **We Will Ask You Questions About Your Current Health**

... Continued on page 3

*continued from page 2...*

We will ask you if you have been sick or out of the country. Also, let us know if you have traveled to other 'hot spot' states like New York or New Jersey.

### **☑ We Will Take Your Temperature**

We'll take your temperature before allowing you to enter our office.

### **☑ Precautions We Will Take For Your Safety**

Once you are escorted into one of the procedure rooms, our staff will be dressed differently. They will be wearing protective caps, jackets, gloves and masks.

### **☑ New Cleaning and Filtration System Installed**

We continue to disinfect our entire office several times a day. As always, patient areas will be wiped down between each procedure. Lights, chairs, walls. Everything!

Jon Carlton with Carlton Services Inc., recently installed a germicidal ultraviolet filtration system in our office. The system neutralizes airborne, surface bacteria, virus mold and mildew, optimizing office air



quality. It's one more precautionary measure to ensure your health and safety. This is in addition to the special HEPA filters we have in our office.

### **☑ Appointment Reminder**

**Keep in mind, we will be seeing fewer patients each day. As a result, we recommend you call our office at (386) 239-7600 and get your appointment on the books now. This will avoid you being inconvenienced.**

Dr. Whitsitt's calendar fills quickly. Call now so you don't miss out on your appointment.

### **'Welcome' To Our New World**

The harsh reality is, we're living in a new world, like to be this way for a while.

Thank you again for your support and patience as we adjust to all these new changes. As the old saying goes, "this too shall pass." And, when it does, we will have learned a lot about our spirit — and our ability to adjust with changing times.

Your help and patronage means the world to us. We're glad to be back and have you part of our patient family. — Thank you!

# How about a little 'coronavirus humor' to help ease the pain...

Sometimes the best medicine is our ability to laugh at a tough situation. We ran across some signs around town we thought you might get a chuckle out of...

May We Never Again Take For Granted Friday Nights With Friends, Birthday Celebrations, The Roar of a Stadium Crowd, Mornings at the Gym, Coffee With a Friend, Packed Dance Floors, Crowded Concerts, Happy Hour... and Life Itself

It's Pretty Wild How We Used To Eat Cake After Someone Had Blown On It

It May Pass Like A Kidney Stone, But This Too Shall Pass.



I Am Honoring Quarantine By Becoming A Social Vegan — I Burned 1,200 Calories Today By Leaving The Pizza In The Oven Too Long

Today Has Been Cancelled.  
You Can Go Back To Bed

Due To Coronavirus — We Will Only Be Telling Inside Jokes From Now On

"I Have Tested Positive For Missing My Family!"

Just Remember. As Tough As You Have It — Someone Out There Is Quarantined With Your "Ex."

Since The Coronavirus Started My Hands Are Consuming More Alcohol Than My Mouth

I Looked Up My Symptoms Thinking I Had Coronavirus. Turns Out I Just Have Kids

It Turns Out I Have Been Social Distancing The Whole Time!

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